Esthisis, the Health and Beauty Spa of the Coral Beach Hotel & Resort.

Esthisis is the Greek word for senses, meaning that at Esthisis all therapies and treatments aim to enhance your senses and feeling of wellbeing. Allow our experts to nurture your needs and enliven your soul with emphasis on individual attention.

Esthisis is proudly associated with Elemis and Phytomer, two well established and quality products, when combined with the expertise of the spa team, ensure an experience of total relaxation and rejuvenation.
Elemis Treatments

Elemis

Advanced Anti-Ageing Facials
Tri-Enzyme Resurfacing Facial 60 mins €110
Visible Brilliance Facial 75 mins €150
Pro-Collagen Quartz Lift Facial 75 mins €120

Skin Solutions Facials
Elemis Modern Skin Facial (all skin types) 60 mins €85
Oxygen Skin Calm Facial 75 mins €95
S.O.S. Purifying Facial 75 mins €95

Skin Specific Facials
Fruit Active Glow 60 mins €70
Exotic Moisture Dew 60 mins €70
Herbal Lavender Repair 60 mins €70
Taster Facial 30 mins €48

Advanced Anti-Ageing Facial for Men
Skin IQ+ Facial 75 mins €95

Advanced Performance Facial for Men
Urban Cleanse Facial 75 mins €95

Face & Body Therapy
Face and Body Sensation (Reenergiser or Tranquility) 55 mins €112
Absolute Spa Ritual 120 mins €168

Face & Body Therapy for Men
Total Time Out 120 mins €162

Body Therapy Massages
Deep Tissue Muscle Massage 60 mins €85

Stress-a-Way €50
Spirit Reviver
Muscle Melt
Chakra Balancing
" Deep Tissue Back Massage 30 mins €50

Body Therapy
Aroma Stone Therapy 75 mins €135
Musclese Aroma Spa Ocean Wrap 75 mins €85
Total Glow Self Tanning Treatment 60 mins €68

Exotic Therapy
Exotic Lime & Ginger Salt Glow 30 mins €68
Exotic Coconut Rub & Milk Ritual Wrap 45 mins €75
Exotic Frangipani Body Nourish Wrap 45 mins €75

Detox Therapy
Body Sculpting Cellulite & Colon Therapy 60 mins €119
Cellutox Aroma Spa Ocean Wrap 75 mins €95

Balneotherapy
Musclese Herbal Bath Synergy 25 mins €35
Cellutox Herbal Bath Synergy 25 mins €35
Skin Nourishing Milk Bath 25 mins €35

Mother - to - Be
Nurturing Massage for Mother-to-Be 75 mins €108

Hands & Feet Therapy
Pro-Collagen Hand & Nail Treatment 30 mins €45
Sole Delight Grooming for Feet 30 mins €45
Pro-Collagen Hand & Nail Treatment (with manicure) 30 mins €75
Elemis Packages

One Day Packages

Relax 1 h 40 mins €120
1 Skin Nourishing Milk Bath - Balneo Therapy Treatment
1 Scalp Massage
1 Deep Tissue Back Massage
1 Taster Facial

Flow 1 h 40 mins €140
1 Exotic Lime and Ginger Salt Glow
1 Scalp Massage
1 Skin Nourishing Milk Bath - Balneo Therapy Treatment
1 Sole Delight Foot Treatment

Detox 1 h 40 mins €155
1 Exotic Lime and Ginger Salt Glow
1 Aroma Spa Cellutox Bath
1 Deep Tissue Back Massage - Spirit Reviver
1 Taster Facial

Tonic 2 hours €174
1 Exotic Lime and Ginger Salt Glow
1 Aroma Spa Ocean Wrap - Cellutox
1 Cellutox Bath - Balneo Therapy
1 Taster Facial

Roman Tent €169
Especially for Couples
Summer only, ask reception for details

Poseidon 2 h 20 mins €185
Special package for men
1 Skin Nourishing Milk Bath - Balneo Therapy
1 Deep Tissue Back Massage
1 Scalp Massage
1 Booster Skin IQ - Men

Mother to Be 2 h 20 mins €160
1 Nurturing Massage for Mother-To-Be
1 Scalp Massage
1 Pro-Collagen Hand & Nail Treatment (without manicure)
1 Taster Facial - Exotic Moisture Dew

Two or More Days Packages

Energising Estia - Two day Package €230
1 Exotic Frangipani Body Nourish Wrap Treatment
2 Skin Nourishing Milk Bath - Balneo Treatment
1 Deep Tissue Muscle Massage - Chakra Balancing
1 Taster Facial

Total Aphrodite - Three Day package €293
2 Exotic Frangipani Body Nourish Wrap
2 Aroma Spa Cellutox Bath - Balneo Therapy
1 Deep Tissue Muscle Massage - Spirit Reviver
1 Taster Facial

Luxury Iris - Five day Package €340
2 Deep Tissue Muscle Massage - Chakra Balancing
1 Scalp Massage
1 Taster Facial
1 Exotic Cream Moisture Dew
1 Aroma Spa Ocean Musclease Wrap
1 Skin Nourishing Milk Bath - Balneo Therapy
# Phytomer Treatments

## Face Treatments
- **Youth Revealing Pioneer Treatment**
  - included Back Relax 75 mins
  - €115
- **Extended Youth - Wrinkle Correction Firming Treatment** 60 mins
  - €75
- **White Lumination - Brightening Radiance Treatment** 60 mins
  - €75
- **Seawater Pearls - Quenching Moisturizing Treatment** 60 mins
  - €70
- **Douceur Marine - Comforting Soothing Treatment** 60 mins
  - €65
- **Marine Breeze - Oxygenating Purifying Treatment** 60 mins
  - €70
- **Acnipur - Blemish Solution Treatment** 60 mins
  - €65
- **Radiant Eye - Eye Contour Treatment** 30 mins
  - €42
- **Teenage Care** 45 mins
  - €52

## Face Treatments for Men
- **Skin Escape for Men**
- **Wrinkle Correction Firming Treatment** 60 mins
  - €68
- **Quenching Moisturizing Treatment** 60 mins
  - €55
- **Comforting Soothing Treatment** 60 mins
  - €55
- **Blemish Solution Treatment** 60 mins
  - €67

## Eye Contour Care
- **Radiant Eye - Eye Contour Treatment** 30 mins
  - €42
- **Eye Brow Shape** 30 mins
  - €8
- **Eye Lash Tint** 30 mins
  - €13

## Body Treatments
- **Body Treatments**
- **Satin Shimmer Exfoliation with Salt Crystals** 40 mins
  - €42
- **Essential Sculpting Care - Abdomen - Buttocks Thighs Contouring Treatment** 60 mins
  - €89

## Balneotherapy
- **Alguomer Contouring Bath** 25 mins
  - €35
- **Oligomer Pure Invigorating - Energizing Remineralizing Balneo Treatment** 60 mins
  - €64
- **Detox Back Massage Purifying Back Treatment** 60 mins
  - €52
- **Legs Revival Leg Soothing Beauty Treatment** 45 mins
  - €45
- **Sea Holistic Relaxing Radiance Face & Body Massage** 75 mins
  - €90
- **Tresor des Mers Energizing Body Massage** 45 mins
  - €62
**Massage**

- Full Body Massage *45 mins*  
  € 58
- Full Body Aromatherapy *45 mins*  
  € 62
- Back & Neck Relaxing Massage *20 mins*  
  € 35
- Aromatherapy Head Massage *25 mins*  
  € 39
- Pressure Point Face Massage *25 mins*  
  € 42
- Lymph Drainage Massage *45 mins*  
  € 58
- Anti Cellulite Massage *25 mins*  
  € 42
- Reflexology Treatment *40 mins*  
  € 54
- Chinese Medical Massage *45 mins*  
  € 65
- Thai Massage *45 mins*  
  € 70
- Full Body Sport Massage *45 mins*  
  € 70
- Full Body Medical Massage *45 mins*  
  € 70
- Back & Neck Sport Massage *20 mins*  
  € 50
- Back & Neck Medical Massage *20 mins*  
  € 50

**Hands & Feet**

- Pedicure *45 mins*  
  € 42
- Manicure *45 mins*  
  € 34
- French Manicure *45 mins*  
  € 42
- Revarnish *30 mins*  
  € 14
- French Revarnish *30 mins*  
  € 20.5
- Paraffin Treatment (additional) *30 mins*  
  € 20.5
- Soak Off Gel Manicure *60 mins*  
  € 45
- Soak Off Gel Pedicure *60 mins*  
  € 52
- Gel Nail Application *60 mins*  
  € 60
- Gel Nail (Tips) *90 mins*  
  € 77

**Make Up**

- Wedding Make Up (incl. Trial) *60 mins*  
  € 59
- Make Up *30 mins*  
  € 34

**Epilation**

- Full Leg Wax (excluding Bikini) *45 mins*  
  € 34
- Half Leg Wax *30 mins*  
  € 20.5
- Full Arm Wax *30 mins*  
  € 17
- Bikini Wax *30 mins*  
  € 14
- Full Bikini Wax *45 mins*  
  € 30
- Chest Wax *45 mins*  
  From € 30
- Lip Wax *15 mins*  
  € 8
- Under Arm Wax *15 mins*  
  € 11
- Back Wax *30 mins*  
  From € 22
Phytomer Packages

One Day Spa Package

Stress Recovery Programme  2 hours  €149
- Satin Shimmer - Exfoliation with Salt Crystals
- Oligomer® Pure Invigorating Energising Remineralising Balneo Treatment
- Marine Body Wrap Invigorating Massage & Body Wrap
- Detox Back Massage

Revitalised Programme 2 hours  €148
- Satin Shimmer - Exfoliation with Salt Crystals
- Oligomer® Pure Invigorating Energising Remineralising Balneo Treatment
- Detox Back Massage
- Seawater Pearls - Quenching Moisturizing Treatment

Aphrodite Secret 2 hours  €154
- Oligomer® Pure Invigorating Energising Remineralising Balneo Treatment
- Detox Back Massage
- Seawater Pearls - Quenching Moisturizing Treatment
- Manicure Treatment

Peace of Mind 1 h 30 mins  €119
- Satin Shimmer - Exfoliation with Salt Crystals
- Oligomer® Pure Invigorating Energising Remineralising Balneo Treatment
- Detox Back Massage
- Seawater Spinal Therapy

One Week Spa Package

Stress Recovery Programme  €359
1 Satin Shimmer - Exfoliation with Salt Crystals
3 Oligomer® Pure Invigorating Energising Remineralising Balneo Treatment
1 Sea Holistic - Relaxing Radiance Face & Body Massage
2 Detox Back Massage
1 Seawater Pearls - Quenching Moisturizing Treatment

Slimming Programme  €537
1 Satin Shimmer - Exfoliation with Salt Crystals
2 Oligomer® Silhouette Refining Remodelling Marine Treatment
2 Body Firming - Firming Body Wrap
2 Anti-Cellulite Massages
1 Lymph Drainage Massage
2 Oligomer® Balneo Therapy

Aphrodite Secret  €398
1 Satin Shimmer - Exfoliation with Salt Crystals
2 Oligomer® Pure Invigorating Energising Remineralising Balneo Treatment
2 Detox Back Massage
2 Extended Youth Wrinkle Correction Firming Treatment
1 Manicure
1 Pedicure

Anti-Ageing Programme  €551
1 Satin Shimmer - Exfoliation with Salt Crystals
3 Oligomer® Pure Invigorating Energising Remineralising Balneo Treatment
2 Body Firming - Firming Body Wrap
2 Extended Youth Wrinkle Correction Firming Treatment
2 Lymph Drainage Massages
To Hotel Guests Free of Charge

- Gymnasium
- Fitness Classes
- Indoor - Outdoor pool areas
- Tennis Court
- Squash Court

Rental Charge

- One tennis racquet per hour € 6
- One squash racquet per hour € 6

Outside Guests

- Gymnasium Daily Use € 9
- Spa and Relaxing Area € 9
- Aerobic Classes € 10
- Indoor Pool € 9
- Tennis Court (per hour, per court) € 10
- Squash Court (per hour, per court) € 10
- Member’s Guest € 6
- Personal Trainer (per hour) € 40

Prices are per person unless otherwise stated.

Hairdressing Price List

- Ladies
  - Cut € 22
  - Wash & B / Dry Med € 24
  - Wash & B / Dry Long € 26
  - Wash & B / Dry short € 21
  - Colour From € 45
  - Foil / High Lights From € 55
  - Up Sweep From € 35
  - Hair Treatment € 18
  - Colour / Cut / Wash & B / Dry € 70

- Gents
  - Cut € 18
  - Colour € 30

- Children (Under 12 years) € 15

- Brides
  - Which includes a consultation and Trial appointment From € 75
  - Bride without Trial From € 55
  - Bridesmaid € 45

Note:
A deposit of € 20 is required for towels & equipment rental.
Hotel Guests will be charged € 6 for the use of the Spa.
Recommended
for the bride and groom’s wedding party.

Wedding Party retreat Day

Choose one of the following Mini Spa Packages:
  • Back / Neck / Shoulder Relaxing Massage,
    Hydro-Floral facial, File & Polish for the Hands
  • Back / Neck / Shoulder Aroma Massage,
    Exclusive Luxury Eye Treatment & Indian Head Massage
  • Ocean Memory Body Gommage,
    Back / Neck / Shoulder Revival Massage & Refreshing Mini Facial
  • Hydrotherapy Bath with Essential oils,
    Back / Neck / Shoulder Aroma Massage,
    Press-Point Aroma Face Massage

You will end your Mini Spa Package with Sparkling Wine & Fruits to enjoy in our relaxing Spa Area with aromatic candles & flowers.

1 hour 30 mins each € 65

Wedding Day Essentials

Allow our qualified and professional team take care of your essential final touches, so that you look and feel your absolute best on your special day.

**Bridal Essentials**
  • Professional Make up & Trial
  • Bridal Hair & Trial
  • Hands or Toes revarnish of your choice €170

**The Wedding Party Essentials**
  • Professional Make up
  • Wash & Blow Dry
  • Hands or Toes revarnish of your choice € 69

Bride and Groom Retreat day

The Esthisis team has put together a his and her package to prepare for your big day or just relax and pamper yourself after your wedding celebrations.

**Bride 2 hours 30 mins**
  • Full Body Polish
  • Full Body Massage
  • Relaxing Aroma Facial € 98

**Groom 2 hours 30 mins**
  • Full Body Massage
  • Aroma Therapy Scalp Massage
  • Men’s Facial € 98

*Group bookings must be made in advance and are subject to availability.*
Spa Etiquette

Spa hours

- Daily from 08:00 to 20:00 hours.
- Fitness Centre from 08:00 to 20:00 hours.
- The Fitness Centre is designed exclusively for the use of the Coral Beach Hotel & Resort guests and members. Children under the age of 18 years are not permitted.

Gift Vouchers

- The ideal gift for a birthday, anniversary, mother’s day or just to say thank you. Gift Vouchers can be purchased via the Spa reception and can be used towards treatments or products. Gift vouchers are non-refundable and must be presented at the time of treatment.

Cancellation Policy

- Cancellation has to be given a minimum of 3 hours prior to your appointment, otherwise 50% of the cost of your booked treatment shall be charged to your room or credit card. No show guests will be charged the full amount.

Reservations

- We highly recommend making your Spa reservation in advance to avoid disappointment. Please call directly from your room on ext. 5030 or the hotel on T - 26 881 000.
- We encourage you to arrive at least 15 minutes before your appointment.
- We kindly ask you to shower first. If you wish, the sauna, steam room and whirl pool are at your disposal.

Thank you for your understanding and compliance, we hope that your spa experience will be truly memorable.